



Personal, Social, Health Education (P.S.H.E.) Policy

Incorporating Relationships Education, Sex Education and Health Education (RSHE)

Adopted Date: **01/04/2021**

Review Date: **01/04/2022**

*This policy needs to be read in conjunction with the Safeguarding Policy.
The terms of the Safeguarding Policy are to take precedence over the
guidelines set down in any other policy.*



CONTEXT

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils.

Under section 78 of the Education Act 2002, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for opportunities, responsibilities, experiences and relationships in life.

AIMS

The following aims are compiled from statutory Government guidelines on Relationships Education, Sex Education and Health Education, complimented by additional objectives from the PSHE Association in their three overarching themes: Living In The Wider World, Health & Wellbeing, Relationships – this ensures a thorough coverage of all key elements.

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being Safe
- Mental Wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

2. STATUTORY REQUIREMENTS

In teaching RSE, we must have regard to guidance issued by the Secretary of State as outlined in section 403 of the Education Act 1996.

In teaching Relationships, we must have regard to the Relationships Education, Relationships and Sex Education, and Healthy Education (England) Regulations 2019. They are made under sections 34 and 35 of the Children and Social Work Act 2017, and provide that pupils receiving primary education must be taught Relationships Education and Health Education. The new subjects of Relationships Education and RSE must be taught in all maintained schools and all schools must make provision for Health Education.

This guidance amends existing provisions in the Education Act 1996 and the Education Act 2002.

3. POLICY DEVELOPMENT

This policy has been developed in consultation with staff, Governors and parents. The consultation and policy development process involved the following steps:

1. Review – the Headteacher and PSHE lead gathered all relevant information including relevant national and local guidance.
2. Governors – reviewed the proposed PSHE/RSHE curriculum content and consultation process.
3. Staff consultation – teaching staff were consulted on the curriculum and all staff given the opportunity to look at the policy and make recommendations.



4. Parent/carers consultation – parents and carers were invited to read the policy and look at accompanying resources that would be used with the children
5. Ratification – once amended, ratification of PSHE/RSHE policy by Governors.

PSHE CURRICULUM

At Hadleigh Community Primary School, we teach Personal, Social, Health Education as a whole-school approach to underpin children's development as people and because we believe that this also supports their learning capacity. To facilitate this learning development, we have used suggested objectives provided by the PSHE Association, which offered us a comprehensive, carefully thought-through scheme of work. This was carefully distributed throughout the school to ensure age-appropriate objectives were in the correct place and topics were covered thoroughly and effectively.

This also supports the "Personal Development" and "Behaviour and Attitude" aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children.

STATUTORY RELATIONSHIPS AND HEALTH EDUCATION

As a maintained primary school, we must provide relationships education to all pupils.

Our PSHE policy is informed by existing DfE guidance:

- Relationships Education, Relationships and Sex Education, and Health Education in England (statutory guidance).
- Keeping Children Safe in Education (statutory guidance).
- Respectful School Communities: Self Review and Signposting Tool (a tool to support a whole school approach that promotes respect and discipline).
- Behaviour and Discipline in Schools (advice for schools, including advice for appropriate behaviour between pupils).
- Equality Act 2010
- SEND code of practice: 0 to 25 years (statutory guidance).
- Alternative Provision (statutory guidance).
- Mental Health and Behaviour in Schools (advice for schools).
- Preventing and Tackling Bullying (advice for schools, including advice on cyberbullying).
- Sexual violence and sexual harassment between children in schools (advice for schools).
- The Equality and Human Rights Commission Advice and Guidance (provides advice on avoiding discrimination in a variety of educational contexts).
- Promoting Fundamental British Values as part of SMSC in schools (guidance for maintained schools on promoting basic important British values as part of pupils' spiritual, moral, social and cultural (SMSC)).
- SMSC requirements for independent schools (guidance for independent schools on how they should support pupils' spiritual, moral, social and cultural development).

WHAT DO WE TEACH?



WHOLE-SCHOOL APPROACH

The Hadleigh Community Primary School approach to PSHE provides each year group with a collection of objectives that are required. Years 1-6 have three Breadth & Knowledge maps, mapping out each of the three PSHE Association strands: Living In The Wider World, Relationships and Health & Wellbeing. However, to better allow year groups to integrate their PSHE into their curriculum, the order of these objectives is down to the discretion of each, individual year group. Breadth & Knowledge plans can be accessed via the school website.

At Hadleigh Community Primary School, pupils will receive regular, timetabled PSHE lessons that are reinforced and enhanced in many ways including:

Assemblies with weekly rewards, class meetings, cross curricular learning, e.g. Computing, PE and Science, through relationships child to child, adult to child and adult to adult across the school. We aim to live what is learnt and apply it to everyday situations in the school community.

RELATIONSHIPS EDUCATION AND HEALTH EDUCATION

Relationships Education covers 'Families and people who care for me', 'Caring friendships', 'Respectful relationships', 'Online relationships', and 'Being safe'. Health Education covers 'Mental wellbeing', 'Internet safety and harms', 'Physical health and fitness', 'Healthy eating', 'Drugs, alcohol and tobacco', 'Health and prevention', 'Basic First Aid'.

Through use of the PSHE Association and cross-referencing with the Department for Education guidelines, these objectives are clearly and comprehensively covered.

Teaching children about puberty is now a statutory requirement which sits within the Health Education part of the DfE guidance within the 'Changing adolescent body' strand. This is covered in Year 5, using both PSHE and Science objectives to ensure accurate coverage.

SEX EDUCATION

The DfE Guidance 2019 (p.23) recommends that all primary schools 'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils'. However, 'Sex Education is not compulsory in primary schools' (p. 23).

At Hadleigh Community Primary School, the Year 5 curriculum includes lessons that ensure that both boys and girls are prepared for the changes that adolescence brings as covered within the National Curriculum Science objectives. They will also be taught, through the Year 6 Science objectives, Sex Education. However, all of this will be taught through the subject of PSHE to allow the children more freedom to discuss the material and become as acquainted with the necessary information as possible. The resources for this are available on the website for parents to consult.

PARENTS' RIGHT TO WITHDRAW

Parents do not have the right to withdraw their children from relationships education. Parents do have the right to withdraw their child from non-statutory sex education. The Sex Education provided by Hadleigh Community Primary School is based upon the statutory Science objectives from the Year 6 Curriculum, but will be taught in a PSHE lesson. Therefore, there will be more discussion about the implications and links to relationships which may fall outside the boundary of the statutory requirements. Parents are encouraged to meet with the senior leadership team and subject leader to discuss any concerns.

EQUALITY



The DfE Guidance 2019 (p. 15) states, 'Schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect.'

At Hadleigh Community Primary School, these areas of learning are taught within the context of family life, taking care to ensure that there is no stigmatisation of children based on their home circumstances. Families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).