## Information for Parents

All our school meals are prepared on site by our fantastic catering team, who work hard to deliver over 400 school meals each day.

The menus are designed to give the children a healthy balanced lunch with plenty to choose from and gives them a chance to try new tastes. We comply with the Government's recommendation for a balance of fruit, vegetable, protein and carbohydrate.

If your child has any food allergies or special dietary requirements please let us know and we can discuss how best we can help your child. Mrs Harvey, the Head of Catering is always happy to chat with parents to discuss what the school can do to help.

Children in Reception, Year 1 and 2 are entitled to the Governments 'Universal Infant Free School Meals'.

From Year 3 to Year 6 a school meal costs £2.30 per day and this must be paid in advance by Monday each week for the week ahead, using our On-Line Payment system, School Gateway.

If you receive certain benefits you maybe entitled to 'Free School Meals' no matter which year group your child is in. Please ask at the school office for a form and the latest guidelines, to see if you may qualify.

If you have any other questions, please just ask.



SCHOOL


## Daily Lunch Menu



Healthy School

Monday
Week I
Beefburger in a Bun
Chicken Pattie \&
Tomato Sauce with Pasta Twists
Macaroni Cheese (V)
Chocolate Crunch with Chocolate Sauce


Cheese \& Tomato Pizza (V)
Jacket or Mash Potato
Ice Cream Roll with Peach
Fruity Muffin

## Friday

Homemade Chicken Nuggets
Salmon Fishcake or Cod Fish Fingers
Chicken Curry \& Rice Chilli Bean Wrap (V) Chips \& Baked Beans Iced Chocolate Cake

Tuesday
Chicken Wrap Beef Lasagne

Vegetable Lasagne (V)
Garlic Bread \& Rice
Apple \& Blackberry Fruit Crunch with Custard

Oaty Apple Crumble

## Thursday

Roast Chicken, Stuffing \& Gravy Wholemeal Chicken Pie
Cheesy Bean Whirl (V)
Roast \& Mashed Potato
Steamed Fruit Pudding with Custard



Tuescay
Spaghetti
Bolognaise with
Garlic Bread
Baked Chicken Goujons Cheese \& Potato Bake V)

Bakewell Tart
Vanilla Crunch with Custard

Cheese \& Tomato Pizza (V)
Jacket or Mash Potato
Jelly \& Biscuit
Flapjack \& Custard
Fruity Muffin
Friday
Homemade Chicken Nuggets


## Thursday

Roast Beef \& Yorkshire Pudding
Wholemeal Chicken Pie
Cheesy Bean Whirl (V)
Roast \& Mashed Potato
Steamed Chocolate
Pudding with Chocolate Sauce

Every day we also serve seasonal vegetables, have a 'help yourself' salad bar and homemade crusty wholemeal bread.
Yoghurt, fresh fruit and fruit salad, biscuits or cookies and milk are offered every day.

